

Hot meals

	Small	Large
<i>Fresh Homemade Soup</i> A large bowl of home made soup served with a freshly baked roll and butter.		£5.45
<i>Trevaskis Farm Roast</i> Locally reared choice of meats served with fresh seasonal vegetables.	£10.35	£11.35
<i>Home cured ham</i> Served with egg and homemade chunky chips.	£9.55	
<i>Whole tail scampi</i> Served with our own homemade chunky chips and a fresh mixed leaf salad.	£10.35	£11.35
<i>Beef or vegetable lasagne</i> Made to our own traditional recipe, served with either a selection of seasonal vegetables, our full mixed salad or homemade chunky chips.	£9.95	£10.95
<i>Bacon or vegetable quiche</i> Served with either a selection of seasonalvegetables, our full mixed salad or homemade chunky chips.	£9.95	£10.95
<i>Trevaskis fish cakes</i> Made from prime cuts of fresh fish from our own fishmongers, served with homemade chunky chips or our full mixed salad.		£10.75
<i>Pasties*</i> To eat in or take away *please check for availability	£3.60 £2.95	£4.20 £3.45
<i>Chunky chips</i>		£2.35

Burgers

<i>Homemade beef burgers</i> Two 4oz burgers served in Baker Toms brioche with salad, chips, tomato and red onion with a spicy tomato and caramelised onion relish on the side, with or without cheese.	£9.95
<i>Homemade trio of burgers</i> Fresh from our butchery - pork and chilli, lamb and rosemary, and traditional beef burgers served with homemade coleslaw, chips and a salad garnish.	£10.95
<i>Barbeque pulled pork</i> Topped with cheese and served in Baker Toms brioche bun, with chip basket and coleslaw.	£9.95
Add our home cured British Lop bacon	95p

Paninis

Toasted panini served with a fresh side salad.

<i>Goat's cheese, red onion and roasted red pepper</i>	£7.55
<i>Mozzarella, tomato and basil</i>	£7.55
<i>Bacon, brie and cranberry</i>	£7.55

Sandwiches / Baguettes

Freshly made sandwich or baguette served with a fresh side salad.	Sandwich	Baguette
<i>Fresh salad</i>	£4.95	£5.95
<i>Cheese and salad</i>	£5.45	£6.45
<i>Egg mayonnaise and salad</i>	£5.65	£6.45
<i>Beef and salad</i>	£5.85	£6.65
<i>Ham and salad</i>	£5.85	£6.65
<i>Tuna and cucumber</i>	£5.85	£6.65
<i>Prawn with seafood sauce</i>	£6.50	£7.25
<i>Trevaskis club sandwich</i> Three layers of toasted white or granary bread, our home cured bacon, free range chicken breast strips with crispy lettuce, fresh tomato and mayonnaise, served with a side salad garnish and Cornish crisps.	£8.95	

Extra fillings each **85p**

Toasties

Toasted sandwich served with a mixed salad garnish on a choice of granary or white bread.

<i>Cheese, ham or beef</i>	£5.35
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<i>Extra fillings:</i> <i>pineapple, beans, egg, pickle, tomato</i> You name it, we'll add it!	85p
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Jacket potatoes

All served with butter and a fresh salad garnish.
Extra toppings available.

<i>With beans</i>	£6.45
<i>With cheese</i>	£6.45
<i>With coleslaw</i>	£6.45
<i>With tuna</i>	£6.85
<i>With prawns</i>	£6.95
<i>Extra toppings each</i>	85p

Trevaskis salads

All served with a selection of our homemade rice salad, bean salad, potato salad, coleslaw, pasta salad and fresh green salad.

	Small	Large
<i>Cornish cheese selection</i>	£8.95	£9.95
<i>Home cured British Lop ham</i>	£9.45	£10.45
<i>Beef - medium/rare</i>	£9.45	£10.45
<i>Atlantic prawn</i>	£9.85	£10.85
<i>Smoked mackerel</i>	£9.85	£10.85

Traditional salads

All served with a homemade roll and butter, crisp salad, Trevaskis coleslaw with a selection of pickles or sauces.

	Small	Large
<i>Ploughman's</i> Your selection of Cornish cheeses.	£8.95	£9.95
<i>Fisherman's</i> Fresh West Country smoked mackerel.	£8.95	£9.95
<i>Huntsman's</i> Our own home-cooked ham.	£8.95	£9.95

Trevaskis wraps

Large flour tortilla wraps filled and served with fresh salad and coleslaw.

<i>Peking duck</i> Free range West Country duck with sliced spring onion, cucumber and hoi sin sauce.	£7.95
<i>Chicken Caesar</i> Free range West Country chicken breast with crisp cos lettuce and classic Caesar dressing from our market.	£7.65
<i>Mexican bean</i> Mixed beans in a spicy plum tomato sauce with grated cheddar, crème fraîche and salad leaves.	£7.45
<i>Sweet chilli chicken</i> Strips of tender chicken breast and crisp lettuce drizzled in sweet chilli sauce.	£7.65
<i>Atlantic prawn and avocado</i> Fresh Atlantic Prawns with tender avocado and watercress drizzled in a seafood sauce.	£7.95

Deserts

Please make your choice from our amazing cold counter – if you have room!	£5.25
Child's portion	£4.25
Clotted cream / pouring cream / custard	50p
Callestick ice cream scoop	£1.25

Drinks

Soft drinks	Small	Large
Trevaskis Apple Juice	£2.55	£5.20
Cornish Orchards Elderflower Pressé	£2.45	£4.95
Cornish Orchards lemonade	£2.45	£4.95
Fentiman's Ginger beer	£2.15	
Fruit Juices	£2.15	
Mineral water – still or sparkling	£1.80	£3.75
Appletise	£2.05	

Frobishers Fusion – Apple & Mango, Apple & Raspberry or Orange & Pasionfruit	£2.45	
Squash	£0.90	£1.60
Pepsi/Diet Pepsi/Lemonade	£1.80	£3.25

Draught beers	Half	Pint
Tribute Cornish Ale	£1.85	£3.45
Carlsberg Lager	£1.90	£3.55

Cider		
Westons Stowford Press cider	£1.90	£3.55
Cornish Orchards cider	£2.55 a bottle	
Polgoon Raspberry cider	£2.55 a bottle	

Bottled beers		
Budweiser, Guinness		£3.25
Corona		£3.25
Trevaskis Best Bitter		£3.25
Skinner's Ales		
Heligan Honey, Betty Stoggs, Cornish Knocker, Cornish Blonde		£3.25
Becks Blue		£3.25
Cornish Orchards Alcoholic Ginger Beer		£3.15

Hot beverages		
Tea per person		£1.65
Coffee per person		£1.80
Fruit Tea		£1.85
Cappuccino		£2.55
Latte		£2.55
Mocha		£2.65
Hot chocolate		£2.55
Espresso		£1.95
Double Espresso		£2.65

House Wines

Whites

175ml / 250ml / Bottle

Gravite Medium Blanc VdP d'Oc, France £3.75/£4.85/£12.75

This off-dry wine erupts with ripe tropical fruit which cascade from the glass and envelope you in a warming cosy blanket of flavour.

The Gumnut Chardonnay, Australia £3.75/£4.85/£12.75

Sunshine in a glass. Ripe tropical fruit flavours punctuated with a touch of refreshing citrus.

Conti Rossi Pinot Grigio Verona, Italy £3.95/£4.95/£12.95

Aromas of dry hay, walnut shells, flavours of pears, apples and aromatic herbs.

Serle Noir Sauvignon Blanc d'Oc, France £3.95/£4.95/£12.95

Distinctly French in style, this Sauvignon Blanc is full of refined green fruit and citrus flavours.

Maota Bay Sauvignon Blanc, New Zealand £4.25/£5.35/£14.95

Ripe tropical fruit give way to a heady green fruit medley of green peppers, gooseberries and apple.

Reds

175ml / 250ml / Bottle

Cambio 7 Merlot, Chile £3.75/£4.85/£12.75

Mouthfilling and smooth, with ripe sweet fruit flavours of plums and currants. The structure is generous, smooth and long.

The Gumnut Shiraz, Australia £3.75/£4.85/£12.75

Bursting with bags of blackcurrant and cherry flavours and a touch of savoury black pepper on the side.

Saam Pinotage, South Africa £3.95/£4.95/£12.95

The intensity of the fruit is carried onto the palate where it fills ones mouth with juicy tannins and ripe, dark fruit with hints of vanilla.

Argento Malbec, Argentina £3.95/£4.95/£13.45

Juicy flavours of plum and blackberry with a touch of chocolate and vanilla from oak ageing leading to a long lingering finish with ripe velvety tannins.

Rioja Crianza Senorio de Labarta, Spain £4.15/£5.25/£14.95

Ripe red berries, spices and vanilla, elegant and harmonious on the palate.

Rosé

175ml / 250ml / Bottle

Califia Falls Zinfandel Rose, USA £3.95/£4.95/£13.95

Strawberries, raspberries and sweet red cherry flavours blend together in this off dry rosé.

Conti Rossi Pinot Grigio Blush, Italy £3.85/£4.90/£12.95

Floral aromas, elegant, clean, refreshing and fruity with a clear melon flavour and long aftertaste.

Fizz

125ml / Bottle

Conti Neri Prosecco di Prosecco £3.95/£17.75

Characteristic fruity bouquet, typical of aromatic grape wines, slightly bitter with a light body.

Gone for

LUNCH

From 12pm

